

Elementary and K-8 Schools

April Menu 2023

<p>3</p> <p>BREAKFAST Maple Belgian Waffle Jimmy Dean® Pancake & Turkey Sausage Stick Strawberry Apple Crisps 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Turkey Pepperoni Pizza Slice Lentil Pasta w/ Meat Sauce* Lentil Pasta w/Marinara* Garlic Herb Breadsticks (2)* Seasoned Green Beans Baby Carrots w/ Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	<p>4</p> <p>BREAKFAST Sausage Biscuit Yogurt w/ Grahams Buddy Fruit® Cinnamon Applesauce 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Southern Style Chicken Bites* Buffalo Chicken Bites* Cheez its® Crackers* Pressed Cuban Sandwich Munchable Seasoned Black Beans Fresh Cucumber Slices w/Ranch Fresh Orange Assorted Low Fat Milk</p>	<p>5</p> <p>BREAKFAST Egg and Cheese Croissant Banana Chocolate Chunk Bar Fresh Blueberries 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Original Cheeseburger Teriyaki Chicken w/ Fried Rice and Fortune Cookie Munchable Garlic & Herb Broccoli Baby Carrots w/ Ranch Dried Cranberries Assorted Low Fat Milk</p>	<p>6</p> <p>BREAKFAST Chicken Biscuit Pillsbury® Mini Cinnis Mixed Berry Cup 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Turkey Pepperoni Pizza Slice Macaroni & Cheese Sweet Potato Bake Crisp Garden Salad w/ Ranch Fresh Red Grapes Assorted Low Fat Milk</p>	<p>7</p> <p>NON-STUDENT DAY</p>
<p>10</p> <p>BREAKFAST Chocolate Chip Belgian Waffle Jimmy Dean® Pancake & Turkey Sausage Stick Strawberry Apple Crisps 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Pepperoni Pizza Slice Tuscan Rotini w/ Meatballs Seasoned Green Beans Cool Tropics® Berry Blue Slushie Fresh Apple Slices Assorted Low Fat Milk</p>	<p>11</p> <p>BREAKFAST Sausage Biscuit Yogurt w/ Granola Buddy Fruit® Cinnamon Applesauce 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Popcorn Chicken Bowl* Cheez its® Crackers* All American Hot Dog Mashed Potatoes Sweet Kernel Corn Baby Carrots w/Ranch Assorted Fresh Fruit Assorted Low Fat Milk</p>	<p>12</p> <p>BREAKFAST Banana Chocolate Chunk Bar Fruity Yogurt Parfait Fresh Blueberries 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Sweet & Sour Chicken w/ Yellow Rice and Fortune Cookie BBQ Pulled Pork Sandwich Munchable BBQ Baked Beans Crisp Garden Salad w/ Ranch Dried Cranberries Assorted Low Fat Milk</p>	<p>13</p> <p>BREAKFAST Chicken Biscuit Pillsbury® Mini Cinnis Sour Blue Raspberry Raisins 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Turkey Pepperoni Pizza Slice Dry Rub Roasted Chicken* Cornbread Muffin* Garlic and Herb Broccoli Sweet Potato Waffle Fries Sliced Peaches Assorted Low Fat Milk</p>	<p>14</p> <p>BREAKFAST The Pancake Griddler French Toast Sticks Applesauce Cup 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Original Cheeseburger Chicken & Rotini Alfredo Fish and Chips* w/Goldfish Crackers* Crispy Seasoned Tater Tots Fresh Cucumber Slices w/ Ranch Fresh Red Grapes Assorted Low Fat Milk</p>
<p>17</p> <p>BREAKFAST Maple Belgian Waffle Jimmy Dean® Pancake & Turkey Sausage Stick Strawberry Apple Crisps 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Turkey Pepperoni Pizza Slice Meatball & Marinara Sub Cool Tropics® Tropical Slushie Baby Carrots w/ Ranch Fresh Apple Slices Assorted Low Fat Milk</p>	<p>18</p> <p>BREAKFAST Sausage Biscuit Yogurt w/ Grahams Buddy Fruit® Cinnamon Applesauce 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Santa Fe Beef Burrito Santa Fe Black Bean Burrito Southern Style Chicken Bites* Baked Tostitos Scoops* Seasoned Black Beans RedGold Salsa Cup Assorted Fresh Fruit Assorted Low Fat Milk</p>	<p>19</p> <p>BREAKFAST Egg and Cheese Croissant Banana Chocolate Chunk Bar Assorted Fresh Fruit 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Mini Pizzaboli Bites w/ Marinara Teriyaki Chicken Potstickers w/ Fried Rice and Fortune Cookie Peas & Carrots Crisp Garden Salad w/ Ranch Dried Cranberries Assorted Low Fat Milk</p>	<p>20</p> <p>BREAKFAST Chicken Biscuit Pillsbury® Mini Cinnis Strawberry Cup 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Four Cheese or Turkey Pepperoni Pizza Slice Cheesy Chili Walking Tacos w/ Fritos Cheesy Spinach Bake Fresh Cucumber Slices w/Ranch Applesauce Cup Assorted Low Fat Milk</p>	<p>21</p> <p>BREAKFAST The Pancake Griddler French Toast Sticks Applesauce Cup 100% Fruit Juice White Milk (Low Fat or Skim)</p> <p>LUNCH Original Cheeseburger Brunch for Lunch Crispy Seasoned Tater Tots Baby Carrots w/ Ranch Sour Raspberry Raisins Assorted Low Fat Milk</p>

24	25	26	27	28
BREAKFAST Chocolate Chip Belgian Waffle Jimmy Dean® Pancake & Turkey Sausage Stick Strawberry Apple Crisps 100% Fruit Juice White Milk (Low Fat or Skim)	BREAKFAST Sausage Biscuit Yogurt w/ Granola Buddy Fruit® Cinnamon Applesauce 100% Fruit Juice White Milk (Low Fat or Skim)	BREAKFAST Banana Chocolate Chunk Bar Fruity Yogurt Parfait Assorted Fresh Fruit 100% Fruit Juice White Milk (Low Fat or Skim)	BREAKFAST Chicken Biscuit Pillsbury® Mini Cinnis Peach Cup 100% Fruit Juice White Milk (Low Fat or Skim)	BREAKFAST Sunrise Burrito Mini Pancakes Applesauce Cup 100% Fruit Juice White Milk (Low Fat or Skim)
LUNCH Four Cheese or Turkey Pepperoni Pizza Slice Cuban Pork Rice Bowl Baked Sweet Plantains Seasoned Black Beans Fresh Apple Slices Assorted Low Fat Milk	LUNCH Chicken Tinga Tacos Black Bean Tacos All American Hot Dog Baby Carrots w/ Ranch Seasoned Green Beans Assorted Fresh Fruit Assorted Low Fat Milk	LUNCH Mini Cheesy Calzones w/ Marinara General Tso Chicken w/ Fried Rice and Fortune Cookie Fresh Cucumber Slices w/ Ranch Herbed Cauliflower Sliced Pears Assorted Low Fat Milk	LUNCH Four Cheese or Turkey Pepperoni Pizza Slice Baked Fried Chicken Drumstick* w/Cornbread Muffin* Fresh Broccoli Florets w/ Ranch Sweet Potato Bake Dried Cranberries Assorted Low Fat Milk	LUNCH Popcorn Chicken w/ Maple Waffle Italian Baked Rotini Munchable Fresh Corn on the Cob Baby Carrots w/ Ranch Sour Raspberry Raisins Assorted Low Fat Milk

Breakfast: Cereal can be served daily for breakfast along with the other menu choices.

A Munchable/Power Pack of Choice must be offered every day - PBJ w/Crackers Munchable (FH-102), Yogurt Munchable (FH-104), Smoothie Munchable (FH-104a), Cereal w/ Graham Munchable (FH-118), Sliced Loaf Munchable (DH-175), Mini Loaf Munchable (FH-119a), Boiled Egg Munchable (FH-140b), PB Cup Munchable (FH-119a), Spicy munchable (FH-140a), Hummus Power Pack (PP-05), Cheese Pizza Power Pack (SM-7), No-Nut Butter Cup Munchable (FH-119c), Tuna Salad Power Pack (PP-33), Chicken Salad Power Pack (PP-75), or Egg Salad Power Pack (PP-52).

An Entrée Salad must be offered every day with whole grain breadsticks or a whole grain cracker option – Greenhouse Salad (EH-91), Cheese Chef Salad (EH-46), Crispy Chicken Salad (EH-50A), Ham Chef Salad (EH-9a), Turkey Chef Salad (EH-13a), Vegan Chef Salad (EH-85), Cheese Chef Spicy Salad (EH-45c).

Updated 3/6/2023